

Sandra Paulsen, Ph.D.

Curriculum Vitae

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PRESENT POSITION

Bainbridge Institute for Integrative Psychology. Teaching, publishing, private practice and psychological consultation to individuals and organizations, emphasizing clinical specialties including: EMDR, energy psychology, trauma, dissociation, ego state therapy and consultation. Emphasizing brief intensive work to clear and repair very early trauma and neglect. Also conducting performance enhancement, cognitive behavior therapy, and consultation. Workshops presented on the use of EMDR and ego state therapy across the dissociative continuum, early attachment trauma and repair, and on integrating somatic work and intuition with EMDR.

LICENSURE & CERTIFICATION

Licensed Psychologist

- Washington (PSY 00003111)
- California (PSY 14683) – inactive
- Hawaii (PSY 351) - inactive
- Expired licenses in good standing North Dakota and Minnesota
- Fellow of International Society for the Study of Trauma and Dissociation
- EMDR Institute Certified EMDR Facilitator and Workshop Specialty Presenter since 1992
- EMDR International Association Certified Consultant and Instructor, for CE Credits
- One year Somatic Experiencing Training, one year Somatic Transformation Training
- Moderated www.behavior.net/emdr, for the EMDR Institute.

EDUCATION

Doctor of Philosophy, 1986: University of Hawaii, Manoa, in Psychology, APA approved, *The role of cognition in explanation and outcome prediction: A program evaluation of a military inpatient alcoholism treatment program.*

Master's Degree, 1983: University of Hawaii, Manoa, in Psychology, APA approved, *Gender differences in cerebral functioning following unilateral brain injury.*

Bachelor's Degree, 1981: University of California, Berkeley, in Psychology. Senior research, *Burnout in the social services.*

PUBLICATIONS

Gomez, A. & Paulsen, S.L. (2016) *All the Colors of Me: My First Book on Dissociation.* Japanese Edition.

Paulsen, S.L. (2017). *When There Are No Words: Repairing Trauma and Neglect from the Attachment Period*. Bainbridge Institute for Integrative Psychology Publications, Bainbridge island, WA.

Gomez, A. & Paulsen, S.L. (2016) *All the Colors of Me: My First Book on Dissociation*. So. Carolina: Booksurge.

Paulsen, S.L. (2014)). *Looking Through The Eyes Of Trauma And Dissociation: An Illustrated Guide For EMDR Clinicians and Clients*. German Translation. [Gottfried Probst](#), Lichtenau, Germany.

Lanius, U., Paulsen, S.L. & Corrigan, F. (2014). *Toward an Embodied Self: Neurobiology and Treatment of Trauma and Dissociation*. N.Y.: Springer.

Paulsen, S.L. (2009). *Looking Through The Eyes Of Trauma And Dissociation: An Illustrated Guide For EMDR Clinicians And Clients*. Charleston, NC: Booksurge.

Paulsen, S.L. (2012). *Looking through the eyes of trauma and dissociation: An illustrated guide for EMDR clinicians and clients*. Japanese translation. Tokyo: Tokyo Shoseki.

Paulsen, S.L. (2009). ACT-AS-IF and ARCHITECTS approaches to EMDR treatment of DID. In M. Luber (Ed.) *Eye movement desensitization and reprocessing (EMDR). Scripted protocols: Basics and special situations*. New York: W.W. Norton

Paulsen, S.L. (2007). Treating dissociative identity disorder with EMDR, ego state therapy and adjunct approaches. In Carol Forgash & Margaret Copeley (Eds.) *Healing the heart of trauma and dissociation with EMDR and ego state therapy*. NY: Springer.

Paulsen, S.L. & Lanius, U. (2009). Embodied self: Integrating EMDR with somatic and ego state interventions. In R. Shapiro (Ed.) *EMDR Solutions II: for Depression, Eating Disorders, Performance and More*. NY: W. W. Norton.

Paulsen, S.L. (1997). When political savvy equals sensitivity. *At Work*. July/August.

Paulsen, S.L. (1995). EMDR: Its cautious use in the dissociative disorders. *Dissociation*, 8(1), 32-41.

Paulsen, S.L. (1994). EMDR. In R.Corsini, *Encyclopedia of psychology*, 2nd Ed. New York: Wiley & Sons.

Paulsen Inobe, S. (2000). EMDR. In Corsini, R., Ed. *Handbook of Innovative Psychotherapies, 2nd Edition*. New York: John Wiley & Sons.

Fine, C., Paulsen, S., Rouanzoin, C., Luber, M., Puk, G., Young, W. (2001). A general guide to the use of EMDR in the dissociative disorders: A task force report. In F. Shapiro, *EMDR: Basic principles, practices and procedures, 2nd Ed*. New York: Guilford Press.

Cornut, R. & Paulsen, S. (1980). *A new volunteer's guide to telephone crisis intervention*. A training manual for San Francisco Suicide Prevention.

CONFERENCE PAPERS & WORKSHOPS

Paulsen, S.L. (2017). Looking Through the Eyes of Trauma. Half Day Invited Workshop Orange Conference on Prevention of Violence for Women and Children. Lethbridge, Alberta Canada.

Paulsen, S.L. (2017). Somatic Therapy Toward an Embodied Self. One Day Invited Workshop Orange Conference on Prevention of Violence for Women and Children. Lethbridge, Alberta Canada.

Paulsen, S.L. (2017). When There Are No Words: EMDR for Very Early Trauma and Neglect in Implicit Memory. Nov 6-7, Two Day Workshop. Victoria BC.

Paulsen, S.L. (2017). Did I Lock the Door? Treating Obsessive Compulsive Disorder with EMDR Therapy Informed by Exposure & Response Prevention and Ego State Therapy. October 20-21, Two Day Workshop, Phoenix, AZ.

Paulsen, S.L. (2017). Benefits and Mitigated Risks of Intensive Treatment for Early Trauma: Taking Care Ethically. EMDR international Association Annual Conference. Bellevue, WA August 24-27.

Paulsen, S.L. (2017). Fallacies, Trance and Monsters: Thinking About Dissociation Systemically. EMDR International Association Annual Conference. Bellevue, WA August 24-27.

Paulsen, S.L. Toward an Embodied Self: Somatic Methods for EMDR Practitioners. Victoria, British Columbia, June 2-3, 2017.

Paulsen, S.L. Trauma Precoce, Dissociação e Tratamento Somático. Workshop at the Hotel Century Paulista. May 25 – May 28, 2017, Sao Paulo, Brazil.

Paulsen, S.L. Caboose No More: Association of Dissociation as the Engine of EMDR Therapy. Invited Preconference Presentation, March 31, 2017, Annual Conference of the International Society for the Study of Trauma & Dissociation. Washington, D.C.

Paulsen, S.L. Toward an Embodied Self: Somatic Methods for EMDR Practitioners, Royale Theatre, Drury Lane, London. Two Day Workshop, October 17-18, 2016.

Paulsen, S.L. Looking Through the Eyes: EMDR Across the Dissociative Continuum. Two Day Workshop, Royal Theatre, Drury Lane, London, October 13-14, 2016.

Paulsen, S.L. When There Are No Words: EMDR for Early Trauma and Neglect in Implicit Memory. Two Day Workshop, October 6-7, 2016. Stockholm, Sweden.

Paulsen, S.L. (2015-2016). Looking Through the Eyes: EMDR & Ego State Therapy Across the Dissociative Continuum. Two Day Workshop. Online workshop through the Steve Frankel Group. www.sfrankelgroup.com.

Paulsen, S.L. (2015-2016). When There Are No Words: EMDR for Early Trauma and Neglect. Online workshop through the Steve Frankel Group. www.sfrankelgroup.com.

Paulsen, S.L. (2015-2016). The Embodied Self: Somatic Methods for EMDR Practitioners. Online workshop through the Steve Frankel Group. www.sfrankelgroup.com.

Lanius, U.L., Paulsen, S.L. & Coy, D.M. (2016) The Neurobiology of Traumatic Dissociation - Facilitating Treatment Outcomes. Invited Post Conference Workshop. International Society for the Study of Trauma and Dissociation Annual Conference, San Francisco.

- Paulsen, S.L. (2016). Houston, TX. Looking Through the Eyes: EMDR & Ego State Therapy Across the Dissociative Continuum. Two Day Workshop.
- Paulsen, S.L. (2016). Phoenix, AZ. The Embodied Self: Somatic Methods for EMDR Practitioners. Two Day Workshop.
- Paulsen, S.L. (2016). Looking Through the Eyes: EMDR & Ego State Therapy Across the Dissociative Continuum. Victoria, British Columbia, CA.
- Paulsen, S.L. (2016). Looking Through the Eyes: EMDR & Ego State Therapy Across the Dissociative Continuum. Two Day Workshop, Hong Kong.
- Paulsen, S.L. (2016). The Embodied Self: Somatic Methods for EMDR Practitioners. Two Day Workshop, Hong Kong.
- Paulsen, S.L. (2016). Softening Perpetrator Introjects. International Society for the Study of Trauma and Dissociation Annual Conference, San Francisco
- Paulsen, S.L. & Lanius, U.L. (2015). Navigating the Brambles: Neuro-Affective Psychotherapy. Eye Movement Desensitization and Reprocessing International Association Annual Conference, Philadelphia.
- Paulsen, S.L. (2015). Looking Through the Eyes: EMDR & Ego State Therapy Across the Dissociative Continuum. Two Day Workshop, Sao Paulo, Brazil.
- Paulsen, S.L. (2015). How the Story Tells Itself in Early Trauma Work. One Day Workshop, Sao Paulo Brazil.
- Paulsen, S.L. (2014). The Assessment of Dissociation. Ana Gomez Dissociation Summit. Dec 7, 2014. Webinar.
- Paulsen, S.L. (2014). Intuition and Spirituality. Ivory Gardens Annual Conference, Seattle.
- Paulsen, S.L. (2014). Looking Through the Eyes: EMDR & Ego State Therapy Across the Dissociative Continuum. Ivory Gardens Annual Conference, Seattle.
- Paulsen, S.L. (2014) Hearing Baby's Unspoken Story: Interweaving EMDR, Ego State, and Somatic Therapies in the Repair of Very Early Trauma. International Society for the Study of Trauma and Dissociation, 31st Annual Conference, Long Beach, CA, Oct 25-27, 2014.
- Paulsen, S.L. (2014). When There Are No Words: EMDR for Early Trauma and Neglect. Two Day Workshop, St. Petersburg, Russia.
- Paulsen, S.L. (2014). Looking Through the Eyes: EMDR & Ego State Therapy Across the Dissociative Continuum. Two Day Workshop, Moscow, Russia.
- Paulsen, S.L. (2014). When There Are No Words: EMDR for Early Trauma and Neglect. Two Day Workshop, Edinburgh, Scotland.
- Paulsen, S.L. (2013) How the Story Tells Itself in Early Trauma Work: The Role of Non-Verbal Channels. Eye Movement Desensitization and Reprocessing International Association Annual Conference.

Paulsen, S.L. (October 25-26, 2013). When There Are No Words: EMDR for Early Trauma and Neglect. Two Day Workshop, Herndon, Virginia.

Paulsen, S.L. (October 19-20, 2013). Looking Through the Eyes: EMDR & Ego State Therapy Across the Dissociative Continuum. Two Day Workshop, Atlanta, Georgia.

Paulsen, S.L. (September, 2013). Six Tips From Science Informing the EMDR Treatment of Very Early Trauma & Neglect. EMDRIA International Conference, Austin, Texas.

Paulsen, S.L. (July, 2013). Looking Through the Eyes: EMDR & Ego State Therapy Across the Dissociative Continuum. Two Day Workshop, Minneapolis, Minnesota. Video recorded for later use.

Paulsen, S.L. (May 4-5, 2013). When There Are No Words: EMDR for Early Trauma and Neglect. Two Day Workshop, Minneapolis, Minnesota. Video recorded for later use.

Paulsen, S.L. (May 10-11, 2013). When There Are No Words: EMDR for Early Trauma and Neglect. Two Day Workshop, Glasgow, Scotland.

Paulsen, S.L. (May 19-20, 2013). Looking Through the Eyes of Trauma and Dissociation. Two Day Workshop, Wan Chai, Hong Kong, plus three days group consultation with in vivo patient demonstration.

Paulsen, S.L. (December, 2012). When There Are No Words: EMDR for Early Trauma and Neglect. Two Day Workshop, Seattle, Washington.

Paulsen, S.L. (November, 2012). When There Are No Words: EMDR for Early Trauma and Neglect. Two Day Workshop, Atlanta, Georgia.

Paulsen, S.L. (October, 2012). Attachment Repair and Temporal Integration: EMDR for Early Trauma. ISST&D Annual Conference, Long Beach, CA.

Paulsen, S.L. (October, 2012). 31 Secrets of the Embodied Self: Hearing Baby's Story in the Reenactment Material. EMDRIA Annual Conference, Washington D.C.

Paulsen, S.L. (May, 2012). When There Are No Words: EMDR for Early Trauma and Neglect. Two Day Workshop, Rogaland Psychiatric Hospital, Stavanger, Norway.

Paulsen, S.L. (May, 2012). Looking Through the Eyes: EMDR Across the Dissociative Continuum. In a House for an Art Lover, Glasgow, Scotland.

Paulsen, S.L. (May, 2012). Toward An Embodied Self: Somatic Methods for EMDR Therapists. Two Day Workshop, Minneapolis, Minnesota. Video recorded for Later Use.

Paulsen, S.L. (April, 2012). When There Are No Words: EMDR for Early Trauma and Neglect. Two Day Workshop, Omaha, Nebraska.

Paulsen, S.L. (November, 2011). When There Are No Words: EMDR for Early Trauma and Neglect. Two Day Workshop, Stamford, Connecticut.

Paulsen, S.L. (October, 2011). When There Are No Words: EMDR for Early Trauma and Neglect. Two Day Workshop, Toronto, Canada.

Paulsen, S.L. (May, 2011). Looking Through the Eyes of Trauma and Dissociation. Two Day Workshop, Minneapolis, Minnesota.

Paulsen, S.L. (Nov, 2010). When There Are No Words: EMDR for Early Trauma and Neglect. Two Day

Workshop, Amherst, Massachusetts.

Paulsen, S.L. (Nov, 2010). *Toward an Embodied Self: Somatic Methods for EMDR Therapists*. Toronto, Canada.

Paulsen, S.L. (June 4-6, 2010). *The Embodied Self: Somatic Methods for EMDR Practitioners*. Workshop presented in Omaha, Nebraska.

Paulsen, S.L. (May 15-16, 2010). *Toward an Embodied Self (with Ulrich Lanius): Part II: Integration of EMDR with somatic and ego state interventions*. Workshop presented at the Japan EMDR Association Annual Meeting. Osaka, Japan.

Paulsen, S.L. (April 24-25, 2010). *The Embodied Self: Somatic Methods for EMDR Practitioners*. Workshop presented in Anchorage, Alaska.

Paulsen, S.L. (April 24-25, 2010). *The Embodied Self: Somatic Methods for EMDR Practitioners*. Workshop presented in Anchorage, Alaska. \

Paulsen, S.L. (Feb 4-6, 2010). *Looking through the eyes: EMDR & ego state therapy Across the dissociative continuum*. Paper presented at the 3rd World Congress of Ego State Therapy. Sun City, South Africa.

Paulsen, S.L. (Feb 4-6, 2010). *Looking through the eyes: EMDR & ego state therapy Across the dissociative continuum*. Paper presented at the 3rd World Congress of Ego State Therapy. Sun City, South Africa.

Paulsen, S.L. (Nov 13-14, 2010). *Looking through the eyes: EMDR & ego state therapy across the dissociative continuum*. Workshop presented at the University of Massachusetts, Amherst, Conference Center.

Lanius, U. & Paulsen, S.L. (Oct 2, 2010). *Toward an embodied self, part I: The neurobiology of traumatic dissociation*. Paper presented at the EMDR International Association Annual Conference. Minneapolis, Minnesota.

Paulsen, S.L. (Oct 15, 2010). *EMDR with dissociative clients: 17 secrets*. Invited preconference workshop presented at the International Society for the Study of Trauma and Dissociation Annual Conference. Atlanta, Georgia.

Paulsen, S.L. (October 23-24, 2010). *The embodied self: Somatic methods for EMDR practitioners*. Workshop presented in Toronto, Ontario.

Paulsen, S.L. (May 14, 2010). *EMDR & dissociation (with Ulrich Lanius): Part II: Screening for and recognizing dissociation*. Workshop presented at the Japan EMDR Association Annual Meeting. Osaka, Japan.

Paulsen, S.L. (May 14, 2010). *EMDR & dissociation (with Ulrich Lanius): Part II: Screening for and recognizing dissociation*. Workshop presented at the Japan EMDR Association Annual Meeting. Osaka, Japan.

Paulsen, S.L. (May 15-16, 2010). *Toward an Embodied Self (with Ulrich Lanius): Part II: Integration of EMDR with somatic and ego state interventions*. Workshop presented at the Japan EMDR Association Annual Meeting. Osaka, Japan.

Paulsen, S.L. (August, 2009). *Infant Alters & Conversion Seizures: EMDR With Ego State and Somatic Interweaves*. Paper presented at the Eye Movement Desensitization and Reprocessing International Association, Annual Conference, in Atlanta.

Paulsen, S.L. (April, 2009). *Somatic Therapy for EMDR Practitioners*. Workshop, Seattle, WA.

Paulsen, S.L. (November, 2009). *Working Under the Floor Boards: Resetting Affective Circuits in*

Preparation for Clearing Very Early Trauma with EMDR. Paper presented at the Annual Conference of the International Society for the Study of Trauma and Dissociation, Washington, D.C.

Paulsen, S.L. (October, 2009). Cartoons and Metaphor in Ego State Therapy for Complex Trauma. Invited paper presented at the Society for Clinical & Experimental Hypnosis, Annual Conference, Reno, NV.

Paulsen, S.L. (October, 2009). When There Are No Words: Clearing Early Trauma & Neglect Held in Implicit Memory

Paulsen, S.L. (April, 2008). Ego State Therapy, EMDR and Somatic Across the Dissociative Continuum. Workshop, Minneapolis, Minnesota.

Paulsen, S.L. (March, 2008). Ego State Therapy, EMDR and Somatic Across the Dissociative Continuum. Workshop, Kansas City.

Paulsen, S.L. (November, 2008). Conversion seizures manifesting as infant alters: EMDR, Somatic and Ego State Therapy. Paper presented at International Society for the Study of Trauma and Dissociation – in Chicago.

Paulsen, S.L. (September, 2007). Integrating somatic interventions and EMDR: keeping it AIP “legal.” Paper presented at the Eye Movement Desensitization & Reprocessing International Association Conference in Dallas, Texas.

Paulsen, S.L. (February, 2007). Ego State Therapy, EMDR and Somatic Across the Dissociative Continuum. Workshop Sacramento California.

Paulsen, S.L. (October, 2007). Ego State Therapy, EMDR and Somatic Across the Dissociative Continuum. Workshop Milwaukee, Wisconsin

O’Shea, K. & Paulsen, S.L. (September, 2007). A protocol for increasing affect regulation and clearing early trauma. Paper presented at the Eye Movement Desensitization & Reprocessing International Association Conference in Dallas, Texas.

Paulsen, S.L. (April, 2006). Giving the body a voice with EMDR, ego state therapy and somatic psychotherapy. Northwest Regional Trauma Conference. Lake Chelan, Washington.

Paulsen, S.L. (November, 2006). ACT-AS-IF and ARCHITECTS approach to utilizing ego state therapy, somatic psychotherapy and EMDR with highly dissociative clients. Paper presented at the 23rd annual conference for the International Society for the Study of Trauma & Dissociation, Los Angeles.

Paulsen, S.L. & Golston, J.C. (September, 2005). Taming the storm: 43 secrets of successful Stabilization. EMDRIA Conference, Seattle.

Paulsen, S.L. & Stanley, S. A. (November, 2005). Giving the body a voice: How EMDR, ego state therapy, somatic experiencing and indigenous healing methods can cure somatic dissociation. International Society for the Study of Dissociation, Fall conference, Toronto.

Paulsen, S.L. & Watkins, J.G. (November, 2005). Best Techniques from the armamentarium of hypnoanalytic, EMDR, somatic psychotherapy and cognitive behavioral methods. International Society for the Study of Dissociation. Fall Conference, Toronto.

Paulsen, S.L. (September, 2004). Invited Masters Series Lecturer, EMDR International Association Annual Conference, Montreal, Canada.

Paulsen, S.L. (November, 2004). Softening the Perpetrator Introject. ISSD International Conference. New Orleans.

Paulsen, S.L. (January, 2004). Ego State Therapy and EMDR Across the Dissociative Continuum.

Workshop, Helsinki Finland.

Paulsen, S.L. (September, 2003). Interweaving EMDR and Ego State Therapy to Energize Disowned Aspects of Self. Workshop at EMDR International Association Conference, Denver.

Paulsen Inobe, S. (April, 2003). EMDR and ego state therapy across the dissociative continuum. Invited faculty at the first World Congress of Ego State Therapy in Bad Orb, Germany.

Paulsen, S.L. & Watkins, J.G. (November, 2003). Comparing Ego State Therapy and EMDR Techniques. Paper at the International Society for Study of Dissociation, Chicago, 20th Annual Conference.

Paulsen, S.L. & Watkins, J.G. (November, 2003). Ego State Therapy: EMDR & Hypnoanalytic Techniques., Paper at the Society for Clinical & Experimental Hypnosis, Chicago.

Paulsen Inobe, S. (December, 2001). Integrating EMDR, ego state therapy, and dissociative table: a cartooning psychologist's glimpse into the mind's eye. International Society for the Study of Dissociation, Annual Conference, New Orleans.

Paulsen, S.L. (October, 2001). *Looking through the eyes: EMDR & ego state therapy across the dissociative continuum*, co-sponsored by EMDR Institute.

Foster, S., Lendl, J., & Paulsen-Inobe, S. L. (2000, September). EMDR – Integrated coaching for effective leadership and innovative strategic visioning. Paper presented at the annual meeting of the EMDR International Association, Toronto, Ontario Canada.

Inobe, S.P (September, 2000). *Ego State Therapy During EMDR*: EMDR International Association Annual Conference, Toronto.

Paulsen Inobe, S.(August, 2000). *A cartooning psychologist's perspective on the convention*. APA Annual Convention in Washington D.C. Symposium with Raymond Fowler, Ann O'Rourke.

Paulsen, S.L. (Oct, 2000). *Dissociative Disorders Mini-Workshop*. Parental Stress Center in Oakland, California.

San Francisco, November 2000. "*Looking Through the Eyes*", co-sponsored by EMDR Institute and CE Credit approved by EMDR Institute and EMDR International Association, 7 CE credits.

Paulsen, S.L. (1999). *The customer experience assessment and curriculum design for the training program for the Wells Fargo/Norwest Merger – Overlapping Markets*. Paper presented at the Bankwide Training Summit for the Wells Fargo Corporate Training.

Paulsen, S.L. (February, 1998). *A cartooning psychologist's conference wrap up*. APA Division 13 Consulting Psychology Annual Mid-Winter Conference, in Park City, Utah.

Paulsen, S.L. (February, 1998). *The psychology of performance: Niche marketing*. Paper presented at the APA Division 13 Consulting Psychology Annual Mid-Winter Conference, Park City Utah.

Paulsen, S.L. & Stein, H. (1997). *Final impressions of the conference*. APA Division 13 Conference in Phoenix, Arizona.

Paulsen, S.L. (June, 1996). *Executive coaching and strategic visioning*. Paper presented at the Fourth Annual International Conference on EMDR, Denver, Colorado.

Paulsen, S.L. (June, 1996). *Working strategically with a dissociative self-system in EMDR*. Paper presented at the Fourth Annual International Conference on EMDR, Denver, Colorado.

Paulsen, S.L. (May, 1996). *Executive coaching and consultation: Tools in the consulting psychologist's armamentarium*. Paper presented at the Minnesota Psychological Association annual meeting,

Minneapolis, Minnesota.

Paulsen, S.L. (May, 1995). *EMDR*. Symposium chair, Minnesota Psychological Association annual meeting, Brainerd, Minnesota.

Paulsen, S.L. (May, 1995). *What EMDR means to psychologists as therapists and as clients*. Paper presented at Minnesota Psychological Association annual meeting, Brainerd, Minnesota.

Paulsen, S.L. (May, 1995). *EMDR: A short term treatment*. Paper presented at the IV Annual European Society for Traumatic Stress Studies, in Paris, France.

Paulsen, S.L. (1995). *The use of EMDR with ego state disorders*. Paper presented at the Amsterdam EMDR Level II Training, Amsterdam, Holland.

Paulsen, S.L. (March, 1994). *Ego state disorders*. Paper presented at the Third Annual International Conference on EMDR, Sunnyvale, California.

Paulsen, S. L. (1994). *Dissociation expressed as ancestral spirits: A Hawaiian case study*. Paper presented at the 11th International Conference on Multiple Personality and Dissociative States, Chicago, IL.

Paulsen, S.L. (1994). *EMDR in a case of polyfragmented dissociation: Risks and benefits*. Paper presented at the annual meeting of the Hawaii Psychological Association, Honolulu.

Paulsen, S.L. (1994). *Eye Movement Desensitization and Reprocessing*. Symposium chair. Annual meeting of the Hawaii Psychological Association, Honolulu.

Paulsen, S.L. (1994). *Interviewing dissociative individuals*. Paper presented at the annual meeting of the Hawaii Psychological Association, Honolulu.

Morton, B. E., & Paulsen, S. L. (1993). [Stress disorders: Cortical plasticity, eye saccades, and multiple personalities](#). Paper presented at the University of Hawaii School of Medicine and Pacific Institute for Behavioral Medicine. Honolulu, HI.

Paulsen, S.L. (1993). *Application of EMDR in MPD*. Paper presented at the annual meeting of the Hawaii Psychological Association, Honolulu.

Paulsen, S.L. (1993). *Ego state disorders: Dissociative but not multiple*. Paper presented at the Second International Conference for EMDR, Sunnyvale.

Paulsen, S.L. (1993). *EMDR: A conceptualization within BASK theory of dissociation*. Paper presented at the Tenth International Conference of the ISSMPD, Chicago.

Paulsen, S.L. (1993). *EMDR: Its use in the dissociative disorders*. Paper presented at the Tenth International Conference on ISSMPD, Chicago.

Paulsen, S.L. (1993). Symposium Chair, *EMDR: Applications and populations*. Paper presented at the annual meeting of the Hawaii Psychological Association, Honolulu.

Paulsen, S.L. (1992). *EMDR*. Paper presented at the annual meeting of the Hawaii Psychological Association, Honolulu.

Paulsen, S.L. (1992). *EMDR: Its use in cross-cultural treatment*. Paper presented at the Eighth Annual Meeting of the ISTSS, Los Angeles.

Paulsen, S.L. (1992). Ego state therapy: When the patient is dissociative but not multiple. Advanced specialty presentation, Level II EMDR Workshop, Honolulu, Hawaii.

Paulsen, S.L. (1990). *Cognitive-behavioral treatment of PTSD*. Paper presented at the annual meeting of the Hawaii Psychological Association, University of Hawaii, at Manoa.

Paulsen, S.L. (1989). *Cognitive-behavioral treatment of OCD*. Paper presented at the annual meeting of the Hawaii Psychological Association, University of Hawaii, at Manoa.

Paulsen, S.L. (1987). *Assessment of anxiety*. Paper presented at the annual meeting of the Hawaii Psychological Association.

Paulsen, S.L. (1987). *Cognitive-behavioral treatment of anxiety*. Paper presented at the annual meeting of the Hawaii Psychological Association, Honolulu.

Paulsen, S.L. (1986). *Cognition as a predictor of treatment outcome in a military inpatient population*. Paper presented at the annual meeting of the Hawaii Psychological Association.

Paulsen, S.L. (1985). *Assessment and treatment of impotence*. Paper presented at the annual meeting of the Hawaii Psychological Association.

Paulsen, S.L. (1983). *Gender differences in cerebral functioning following unilateral brain damage*. Paper presented at the annual meeting of the Hawaii Psychological Association.

Paulsen, S.L. (1982). *The neuropsychology of handedness*. Paper presented at the annual meeting of the Hawaii Psychological Association.

Solomon, R., Watkins, J.G., Paulsen, S.L. (September 2004). Therapeutic Self. EMDR International Association Annual Conference, Montreal, Canada.

Sponsored two-day Kitchur workshop in San Francisco, October, 2000, *Strategic Developmental Model of EMDR* co-sponsored by EMDR Institute and CE Credit approved by EMDR Institute and EMDR International Association.

St. Louis, October, 2001. *"Looking Through the Eyes: EMDR & Ego State Therapy Across the Dissociative Continuum"*, co-sponsored by EMDR Institute and CE Credit approved by EMDR Institute and EMDR International Association, 14 CE credits.

Watkins, J.G. & Paulsen, S.L. (March, 2004). Abreactions in EMDR and Hypnoanalytic Therapies. Workshop at the American Society for Clinical Hypnosis.

Workshop in San Antonio, Texas, April, 2000, *EMDR & the divided self: The use of EMDR and ego state therapy for dissociative and non-dissociative clients*.

PROFESSIONAL EXPERIENCE

October 1991 to Present: Psychological services including EMDR, ego state therapy, energy methods early trauma and attachment therapy and somatic psychotherapy to individuals seeking relief from trauma, anxiety, dissociative, attachment and other conditions.

November 2005 to Present: Co-founder of Bainbridge Institute for Integrative Psychology in Bainbridge Island WA.

July 1994 to Present: Providing workshops and consultation services to EMDR trained mental health professionals seeking expert level consultation in EMDR and/or dissociation, including San Francisco, San Antonio, Boston, St. Louis, New Orleans, New York, Nashville, Minneapolis, Kansas City, Albuquerque, Japan, South Africa, more. Providing clinical services to individuals in general practice, trauma, anxiety, and dissociation. Specialty in ego state therapy, EMDR and somatic work, in integrated practice.

April, 1998 to Present: Providing consultation to corporate executives. Roles range from executive coaching, to curriculum designer of merger training program, presentation coaching, team building, workshop design, and line of business review preparation. Transition management and change readiness consultant and online coach to careercentral.com., a career management, job placement website. Resident expert in transition management for website www.careercentral.com, a career placement site.

Summer, 1999: Presentation design and coaching to Schwab Retail Services, Retirement Products.

1998–1999: Providing consultation regarding organizational development, executive coaching, and team building to Career Central, Palo Alto, California

May 1995 to Jan, 1998: Provided consultation to Bank of America Executive Vice Presidents (Retail Systems Services and Corporate Systems Services), San Francisco and Concord, California; Phoenix, Arizona; and Las Vegas, Nevada. Included executive coaching, strategy development, proposal and presentation design and development, team building, problem team intervention, and organizational development strategy. Also training/coaching re: permeable teams, consultative style, team development process, situational leadership, downsizing, culture change, Myers Briggs, cross-cultural team building and organizational development..

Co-developed with technology team, working document Global Retail Bank Strategic Assumptions and Technology Implications as preliminary step to re-architecting Bank of America Global Retail Bank. Co-developed Pilot Co-sourcing Strategic document to augment technology resources using India technology vendors.

Co-developed model for technology management proposal to chief executive office and managing committee, senior management council, and off-sites with various groups of executives, Bank of America Corporation.

May 1995 to present. One on one senior executive coaching for vision, strategy, implementation plan, initial and ongoing, problem resolution, Bank of America Corporation.

September 1994 to present: Paulsen Consulting Resources, consultant to individuals executives, attorneys, health care providers, other performers, including performance enhancement, executive coaching, EMDR supervision and consultation, dissociation supervision and consultation, and cognitive behavior therapy.

September 1994: EMDR consultation, Psychology Department, University of Trondheim, Norway and Varnes Air Force Base, Stjordal, Norway.

July 1994 to May 1995: Consultation to personal injury and malpractice law firm, Charles J. Ferrera, Atty at Law, Honolulu, including: consultation, mock trials, research and analysis of psychological aspects of personal injuries.

September 1991 to Present: EMDR facilitator traveling to EMDR workshops and conferences in national and international locations including London, Amsterdam, Paris, Chicago, New York, Honolulu, San Francisco and other locales.

September 1994: Founder and coordinator of Minnesota Network for EMDR, Minneapolis.

October 1991 to July 1994: Founder and coordinator of Hawaii Network for EMDR.

October 1988 to July 1994: Pacific Institute of Behavioral Medicine, Century Square, Honolulu, private practice, clinical and consulting psychology. Court experience including testifying as treating doctor and expert witness, as well as amicus to federal and district court judge. Specialty treatment of police officers, Vietnam Veterans and federal officers with post traumatic conditions.

July, 1987 to July, 1994: Affiliate Faculty, University of Hawaii, Manoa, Department of Psychology.

November 1987 to December 1993: Assistant Professor, University of Hawaii, Manoa, Dept. of Psychiatry.

December 1987 to June 1988: Acting Chief Psychologist, Queens Medical Center, Honolulu.

October 1987: Consultation to Tripler Army Medical Center, Tri-Service Alcoholism Treatment Facility, evaluation of an inpatient alcoholism treatment program.

July 1987 to September 1988: Staff Psychologist, Coordinator of Assessment Center, Queens Medical Center, Honolulu.

January 1987 to September 1988: Post-doctoral supervised experience, the Queens Medical Center, Honolulu.

October 1988 to February 1989: Post-doctoral supervised experience with President of Hawaii Psychological Association.

January to December 1987: Consultations to Queens Medical Center surgical suite regarding organizational structure and process, team-building; management skills; to the nursing team of the Kekela Unit, on psychological principles for modifying behavior and team-building; and to the Pauahi Tower nursing teams on psychological aspects of treating head injured patients.

January 1987 to June 1987: Assistant Professor of Psychology, University of Hawaii at Manoa.

May 1978 to December 1984: Consultation to Wells Fargo Bank, providing services to Systems Development Division, Operations Division, Trust Department, Account Reconciliation Department and Systems Engineering Department. Provided: training; methods analysis; policy/procedure development; executive reports and presentations development; surveys; other written and graphic communications.

September 1984 to September 1985: APA-approved pre-doctoral internship, Veterans Administration, Honolulu, Hawaii. Specialty rotations in Vietnam Vet Center, Alcohol and Drug Treatment Center, Tripler Army Medical Center, and Vet Center Medical Unit.

September 1983 to May 1984: Consulting practicum at Malama Na Keiki Program, Kalihi Palama Mental Health Center, Honolulu.

January 1983 to May 1983: Practicum at University of Hawaii, Manoa, Counseling Center.

September 1982 to May 1983: Practicum, Hawaii State Hospital, Neuropsychology Unit, Kaneohe.

September 1978 to February 1979: Wells Fargo Bank social service leave program, San Francisco. Acted in consulting and supervising capacities and co-authored training manual for San Francisco Suicide Prevention Center.

January 1973 to September 1978: Wells Fargo Bank, San Francisco. Communications analysis (writing, analysis, and cartooning) in systems development projects, following work as a senior technical writer.

MISCELLANEOUS

Designed bank-wide curriculum for the Wells Fargo/Norwest banks merger, overlapping markets training program, including, products, systems, processes and procedures, managers scripts, automated telephone evaluation system, March – July, 1999.

Custom designed workshops for current Wells Fargo California President & CEO, CFO, and SVP of Customer Information Risk Management team, including: *I. Taking a bite out of presentation crime, II. Presentation crimes of the quantitatively inclined, III. Effective internal consulting. IV. Myers Briggs. East Meets West (currently in development)*, April, 1998 to present.

Co-designed and implemented workshops for Bank of America, e.g., *Situational Leadership, Myers Briggs Type Indicator, Open Space Conference, Permeable Teams*, 1994-1997.

Myers Briggs Type Indicator: Team Building Workshops. Custom designed workshops for various client groups and purposes, from 1987 to present.

Treatment planning. Developed and presented an integrated treatment planning component of the preparatory workshop for the California State Licensing Examination for Psychologists, sponsored by the Association for the Advancement of Training in the Behavioral Sciences, San Francisco, California, June, 1996.

EMDR and Ego State Therapy Across the Dissociative Continuum. HAP Training, Fort Lewis, Washington.

Specialty Presenter (Dissociative Disorders) & Practicum Facilitator, EMDR Level II Training, San Diego, 2006.

Specialty Presenter (Dissociative Disorders) & Practicum Facilitator, EMDR Level II Training, Portland, 2006.

Specialty Presenter (Dissociative Disorders) & Practicum Facilitator, EMDR Level II Training, Vancouver, February, 2006.

Specialty Presenter (Dissociative Disorders) & Practicum Facilitator, EMDR Level II Training, Seattle, July 2005.

Specialty Presenter (Dissociative Disorders) & Practicum Facilitator, EMDR Level II Training, Portland, August, 2005.

Specialty Presenter (Dissociative Disorders) & Practicum Facilitator, EMDR Level II Training, St. Paul, July, 2002

Specialty Presenter (Dissociative Disorders) & Practicum Facilitator, EMDR Level II Training, New York, July, 2002.

Specialty Presenter (Dissociative Disorders) & Practicum Facilitator, EMDR Level II Training, Nashville, May, 2002.

Specialty Presenter (Dissociative Disorders) & Practicum Facilitator, EMDR Level II Training, Kansas City, November, 2000.

Specialty Presenter (Dissociative Disorders) & Practicum Facilitator, EMDR Level II Training, Spokane, October, 2000.

Practicum Facilitator, EMDR Level II Training, San Francisco, May, 2000.

Practicum Facilitator, EMDR Level I Training, San Francisco, January, 2000.

Practicum Facilitator, EMDR Level II Training, San Francisco, December, 1999.

Practicum Facilitator EMDR Level I Training, San Francisco, October, 1999.

Practicum Facilitator EMDR Level II Training, San Francisco, December, 1999.

Practicum Facilitator, EMDR Level I Training, Kansas City, Missouri, April 1996.

Practicum Facilitator, EMDR Level I Training, St. Paul, Minnesota, April 1995.

Practicum Facilitator, Amsterdam EMDR Level II Training, Amsterdam, Holland, January 1995.

Practicum Facilitator, New York EMDR Level II Training, New York, November 1994.

Practicum Facilitator, Chicago EMDR Level II Training, Chicago, Illinois, November 1994.

Practicum Facilitator, London EMDR Level I Training, London, England, October 1994.

Practicum Facilitator, Minneapolis EMDR Level I Training, Minneapolis, Minnesota, September 1994.

Stress Management. Workshop given quarterly at Hickam Air Force Base, Family Service Center, Honolulu, 1989-1990.

Organizational Skills for Working Couples. Pearl Harbor Naval Station, Family Service Center, Honolulu, March, 1990.

Team Building Workshop, consulting to Hawaii Dept of Vocational Rehabilitation, Honolulu, March 1989.

Problem-Solving Skills Training Workshop, in consultation to Hickam Air Force Base, Honolulu, Feb 1989.

Time management skills training, in consultation to Hickam Air Force Base, Honolulu, December 1988.

Stress management skills training, in consultation to the US Army, Fort Shafter Flats, Honolulu, Dec 1988.

Anxiety, stress management, 13-week series given three times 1987-1988, Queens Medical Center Honolulu.

Stress management for parents, Queens Medical Center, Pediatrics Unit, Honolulu, 1988.

Taught *Psychology 100* as Assistant Professor, University of Hawaii, Manoa.

PTSD, Vietnam vets and their spouses, Vietnam Vet Center, Group Therapy, 1984.

The cautious use of EMDR in dissociative disorders. Quarterly network meeting, EMDR Minnesota Network, Minnetonka, Minnesota, April 1995.

Dissociation and memories. Invited presentation to the Hawaii Neurosciences Group, Honolulu, June 1994.

Preparing for EMDR in dissociative disorders. Quarterly network meeting, EMDR Hawaii Network, Honolulu, November 1993.

Member, Special Task Force on the Use of EMDR with Dissociative Disorders, Third Annual International Conference for EMDR, Sunnyvale, March 1993.

EMDR and DDNOS. Quarterly Network Meeting, EMDR Hawaii Network, Honolulu, February 1993.

EMDR in ego state disorders. EMDR Level II Training Workshop, Honolulu, September 1993.

EMDR and dissociation. Quarterly network meeting, EMDR Hawaii Network, Honolulu, November 1992.

Testimony before congressional subcommittee hearings on native Hawaiian affairs, chaired by the Honorable Senator Daniel Inouye, on behalf of Hawaii Psychological Association, Honolulu, September 1988.

Amicus to Federal Court Judge Terry Hatter, 9th Circuit, 1988-1989. Also testified in numerous depositions and as treating doctor and expert witness in state, federal, and district courts.

Distortion in a clinical data base: A case of a broken warrior, Hawaii Psychiatric Society, 1988.

Assertion Training for Notaries, National Conference of Notaries, 1988.

Program seminars for medical students, psychiatric residents, psychology interns, Queens Medical Center, Honolulu, 1987 and 1988. Including, *Cognitive-Behavioral Treatment of Anxiety*. *Behavioral Theories of Depression*. *Psychological Testing*. *Treatment of Obsessive-Compulsive Disorder*. *Behavioral Treatments of Somatic Disorder*.

A Case of Narcolepsy and PTSD. VA psychology staff, Honolulu, 1985.

Employee survey on the success of the merger: if we had it to do over. Wells Fargo Bank, Personal Trust Division management staff, San Francisco, 1986.

Cortical blindness in anoxia. Hawaii State Hospital, Neuropsychology Unit, Kaneohe, 1982.

GRANTS WRITTEN

\$5000 for *Suicide Prevention Training Manual*, from Bank of America, Chevron Corporation, Xerox Corporation, and Wells Fargo Bank, 1978.

\$12,000 for consultant to San Francisco Suicide Prevention Center, from Wells Fargo Bank, 1978.

PROFESSIONAL MEMBERSHIPS

- International Society for the Study of Trauma & Dissociation
- EMDR International Association
- Founder of EMDR, Minnesota Network, 1994
- Founded Hawaii Chapter of ISSD, 1993
- Founded Minnesota Chapter ISSD, 1994
- Founder of EMDR, Hawaii, 1991-1994
- Chair, Hawaii Chapter ISSD, 1993-1994
- Hawaii Psychological Association, Executive Board, Representative-at-Large, 1988 and 1989.
- Co-Chair Legislative Committee for Hospital Privileges, HPA, 1989 Legislative Session.
- Previous Member EMDRIA Training & Standards Committee

SELECTED POST-DOCTORAL TRAINING/CONFERENCES ATTENDED

EMDRIA Annual Conference, Minneapolis, October, 2010.

3rd World Congress of Ego State Therapy, Sun City, South Africa, March, 2010,

SCEH Annual Conference, Las Vegas, Nov, 2009

ISST&D Annual Conference, Chicago, Nov, 2009

EMDRIA Annual Conference, Atlanta, September, 2009.

EMDRIA Annual Conference, Phoenix, 2008.

EMDRIA Annual Conference, Dallas, September, 2007

International Society for the Study of Trauma & Dissociation, Los Angeles 2006

EMDRIA Annual Conference, San Diego, September, 2005

International Society for Study of Dissociation, New Orleans, November 2004

EMDRIA Annual Conference, Montreal, September 2004.

American Society of Clinical Hypnosis, Anaheim, January 2004.

Society of Clinical and Experimental Hypnosis, Chicago, November, 2003

EMDRIA Annual Conference. Boulder. September, 2003.

International Society for the Study of Energy & Energy Medicine Annual Conference, Boulder, 2003.

First World Congress of Ego State Therapy. April, 2003. Bad Orb, Germany.

Frankel, S. Law & ethics update. 2003. Sacramento.

Steele, A. Imaginal nurturing. April, 2003. EMDR Institute approved workshop. San Francisco.

RC Cassidy presenting Daniel Spiegel. *The Developing Mind*. April, 2001, Sacramento.

Maureen Kitchur *Strategic Developmental Model of EMDR*. November, 2001, and October, 2000, San Francisco.

International Society for the Study of Dissociation. Annual Conference. New Orleans. Dec. 2000.

EMDRIA Annual Conference. Toronto. September, 2000.

APA Annual Convention, Washington D.C. August 2000

Bessel van der Kolk. *Traumatic Stress*. 2000, San Francisco, California.

Understanding Anger Workshop, Oakland California, Institute for Cortex Research & Development.

APA Division 13 Consulting Psychology Annual Mid-Winter Conference, Park City Utah, February 7-9, 1998.

APA Annual Convention, Conference on Consultation, San Francisco, Division 13 Consulting Psychology Program, February 7-9, 1998.

APA Annual Convention, The Psychology of Performance: Corporate and Sports Application, August 15, 1998.

APA Division 13 Consulting Psychologist Annual Mid-Winter Conference, February 8-11, 1997, Phoenix, Arizona.

The Association for Continuing Education Advanced Training Program, Chemical Dependency Assessment & Treatment, September 1997, Crowne Plaza San Francisco

The Association for Continuing Education Advanced Training Program, HIV & AIDS Assessment & Treatment, September 1997, Crowne Plaza San Francisco EMDR International Association Annual Conference, July, 1997, San Francisco.

APA Division 13 Consulting Psychologist Annual Mid-Winter Conference, Consultation to Corporations and Business. February 18-21, 1996, Keystone Colorado.

EMDR International Association Annual Conference, June 28-30, 1996, Research and Clinical Applications: Linking Theory with Practice. Tabor Conference Center, Denver.

California School of Professional Psychology, Child Abuse: Identification, Assessment, Reporting, and Treatment Guidelines, January 12, 1996

APA Division 13, Conference on Consultation to Corporations and Business, February 18-21, Midwest Conference, 1995.

MEDICOT, Fourth European Conference on Traumatic Stress, Paris, France, May 1995.

EMDR Institute, Case Presentations on the Use of EMDR with Disruptive Behaviors Disorders, June 24, 1995.

Ross Institute for Psychological Trauma, The psychotherapy of dissociative identity disorder, C.Ross, R. Kluff, November 9-10, 1995.

Minnesota Psychological Association, Psychology Getting Ahead of the Curve, Annual Meeting, May 12-14, 1995, Cragun Conference Center, Brainerd, Minnesota.

Eleventh International Conference on Multiple Personality and Dissociative States, Chicago, Nov, 1994.

American Society of Clinical Hypnosis, Maui Hypnosis Workshop, Maui Marriott, Hawaii, November, 1993.

Tenth International Conference on Multiple Personality and Dissociative States, Chicago, October, 1993.

Ninth International Conference on Multiple Personality and Dissociative States, Chicago, November, 1992.

Eighth Annual Meeting of the International Society for Traumatic Stress Studies, Los Angeles, October, 1992.

EMDR Level II Training, EMDR Institute, Sunnyvale, California, 1991.

EMDR Level I Training, EMDR Institute, Sunnyvale, California, 1991.

Fifth Annual Meeting of the International Society for Traumatic Stress Studies, San Francisco, October, 1989.

Critical Incident Stress Debriefing, Jeffrey Mitchell, Hickam AFB, Honolulu, 1989.

MMPI-2 Conference, Butcher, J., & Graham, J., Honolulu, 1989.

Hypnosis Workshop, Edward Frischholz Instructor, APA Convention, San Francisco, 1985.

CORPORATE/ORGANIZATIONAL CLIENTS

US Department of Defense, Twice Monthly Consultation on EMDR, Bremerton Naval Hospital, Bremerton Washington, February 2005- December 2005.

Wells Fargo Bank: President of California Bank, as well as other various units under her direction, including: Leadership & Organizational Effectiveness, Distribution Strategies, Business Banking Group, Credit Card, Corporate Training, Wells Fargo/Norwest Merger Training Team, Customer Information Risk Management, and, historically, Trust Systems, Real Estate Systems, Crocker Merger, Security Pacific Merger, Systems Development, Computer Operations.

Charles Schwab, Inc, San Francisco: Vice President Retirement Products, IRA Project.

Career Central, Palo Alto: Vice President Marketing and Operations.

Bank of America: EVP Retail Systems Services for: Retail Delivery Systems, Interstate Project, M&I Conversion, Corporate Systems Services: ACH, BAR, HR, Trade Finance, BASE Technology Management Model Project, India Outsourcing Team.

Queens Medical Center, Honolulu, to Surgical Suite, Health Clinic, Pediatrics, Same Day Surgery, Intensive Care.

Hawaii State Government, Department of Vocational Rehabilitation.

Federal Government, Fort Shafter Army Barracks, Schofield Army Barracks, Hickam Air Force Base, Kaneohe Marine Corps Air Station.

Catholic Archdiocese of Hawaii, Honolulu.

Hawaii State Legislature, House of Representatives, consultation to Speaker of the House.

Numerous additional individual corporate executives, physicians, attorneys, remaining anonymous.

Numerous in-house publications: training manuals, proposals, presentations, reports, technical manuals, computer system user guides, management reports, surveys. Examples: *Training Curriculum, Training Reference Guides, Managers Scripts for Wells Fargo Bank Overlapping Market (1999); Technology Management Model for Bank of America (1996), Technology Outsourcing to India for Bank of America (1997), A Banker's Guide to Word Processing: Or, Getting Ready for the Revolution (1981); Project Leader Training Manual and Leader's Guide (1981)* and others too numerous to mention.